

'What's On' at the Community Hall

Regular Bookings	Activity	Duration	Contact
Monday	Community Coffee Tea, coffee and tea cakes, books and jigsaw exchange	10.30 - 12.30	Andy Eaves 07368 970112
	Indoor Bowling	13:30 - 16.30	Neil Trownson 01925 266538 Ken Schofield 07733 760169
	Yoga	19:00 - 20:00	Denise Fraser 07952 680598
Tuesday	Chair Yoga	10:00 - 11:00	Denise Fraser 07952 680598
	Baby Yoga Bond Baby Massage and Yoga	11:30 - 12:45	Katie Payne 07701 057427
	Wellbeing for Women Meditation, mindfulness and yoga flow	19:00 - 20:15	Nicola Edwards 07562 084185
Wednesday	Yoga	09:15 - 10:15	Julie Nickisson 07736 165737
	Introduction to Baby Massage Bond Baby Massage and Yoga	10.30 - 12.30	Katie Payne 07701 057427
	Little Movers (Walking to Pre-school)	12.30 - 13.30	Sarah Horton Little Movers
	Baby Movers Birth to crawling	13.30 - 14.30 termtime	Warrington 07948 619228
Thursday	Indoor Bowling	19:00 - 22:00	Neil Trownson 01925 266538 Ken Schofield 07733 760169
	Fitness Class for over 50's	09:45 - 11.00	Susan Chinn 07702 810248
	Art Class	13:30 - 15:30	Rachelle Cleary 07724 052628
Friday	Moonstone Yoga	18:30 - 19:30	Holly Bailey 07732 733862
	Pilates/Stretch & Release	09:15 - 10:15	Gina Cottam 07889 96639
	Song & Story Baby Massage Bond Baby Massage and Yoga	11:00 - 12:45	Katie Payne 07701 057427

To hire the Hall for a one-off function or community activities, or for Hall enquiries email:
bookings@rixtoncommhall.co.uk